

NUTRITIONAL INFORMATION	Average Quantity per 30g	Average Quantity per 100g
Energy (kJ)	445	1482
Protein (g)	1	4.1
Total Fat (g)	0	0.7
- Saturated Fat (g)	0	0
Carbohydrate (g)	23	76.8
- Sugars (g)	22	73.4
Dietary Fibre (g)	4	12.2
Sodium (mg)	0	0