

NUTRITIONAL INFORMATION	Average Quantity per 30g	Average Quantity per 100g
Energy (kJ)	408	1359
Protein (g)	1	4.5
Total Fat (g)	0	0.1
- Saturated Fat (g)	0	0
Carbohydrate (g)	24	80
- Sugars (g)	24	80
Dietary Fibre (g)	3	9
Sodium (mg)	16	54